

**Consolidated High School District 230 – Orland Park, Illinois**

**Breakfast in the Food Court (7:15am - 8:00am)**

Breakfast Sandwich - \$1.50 to \$2.00

Cereal - 90¢

Cereal with Carton of Milk - \$1.15

French Toast with Syrup - \$1.25

Bagel with Cream Cheese - 75¢

Yogurt Parfaits - \$1.25

Non-Fat Yogurt - 80¢

Fresh Fruit - 55¢

Assorted Donuts - 75¢

Homemade Muffin - 75¢

Pop Tarts - 80¢

Nutri Grain Bars - 60¢

Orange Juice - 50¢

Milk Cartons - 25¢

Milk Chugs - \$1.25

Hot Chocolate - \$1.25

Swiss Mocha - \$1.25

French Vanilla Cappuccino - \$1.25

**Grab N' Go**

Cold Sandwiches on White Wheat Bread - \$1.85

Ham and Cheese with Lettuce

Tuna Salad

Roast Beef and Cheese with Lettuce

Turkey and Cheese with Lettuce

Specialty Salad - \$3.25

Peanut Butter and Jelly - \$1.25

Yogurt Parfait - \$1.25

Cottage Cheese - 70¢ with Fruit - \$1.00

Garden Salad - \$1.00

Veggies & Dip - \$1.00

Hard Cooked Egg - 55¢

Fresh Fruit - 55¢

Canned Fruit - 75¢

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## Lunch at the Grill

Cheeseburger - \$1.75	Chicken Nuggets – \$2.50
Bacon Cheeseburger - \$2.50	Chicken Sandwich - \$1.75
Hamburger - \$1.50	Spicy Chicken Sandwich - \$2.00
Quarter Pounder - \$1.75	Grilled Cheese - \$1.25
Quarter Pounder with Cheese- \$2.00	Fries - \$1.00

## Pizza Bar

Pan Crust Pizza - \$2.25
Pizza Boat - \$1.75
School Pizza - \$1.50
French Fries - \$1.00
Cheese Fries - \$1.25
Chicken Wrap - \$2.00
Hot Dog on Bun - \$1.25
<b>Tuesdays and Fridays Only:</b> Potato Bowl - \$3.75
<b>Thursdays Only:</b> Bosco Sticks w/Sauce - 2/\$1.75

## Salad Bar

<b>25¢ per ounce</b>	
<ul style="list-style-type: none"> <li>· Broccoli</li> <li>· Carrots</li> <li>· Celery</li> <li>· Cheddar Cheese</li> <li>· Croutons</li> <li>· Cucumber</li> </ul>	<ul style="list-style-type: none"> <li>· Diced Eggs</li> <li>· Lettuce</li> <li>· Onion</li> <li>· Cottage Cheese</li> <li>· Sunflower Seeds</li> <li>· Tomato</li> </ul>

With your choice of Ranch or Italian Dressing. Variety of Individual Dressing Available - 50¢

## Taco Bar

<b>Taco Salad made to order - 25¢ per ounce</b>	
<ul style="list-style-type: none"> <li>· Black Olives</li> <li>· Diced Tomato</li> <li>· Jalapeno Peppers</li> <li>· Nacho Chips</li> <li>· Shredded Cheese</li> </ul>	<ul style="list-style-type: none"> <li>· Shredded Lettuce</li> <li>· Sour Cream</li> <li>· Taco Sauce</li> <li>· Taco Seasoned Meat</li> <li>· Cheese Sauce</li> </ul>

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<h2>Deli Bar</h2>	
Deli Sandwich \$2.75	
Add: Sliced American Cheese, Brick or Swiss Cheese - 30¢ extra	
Choice of Roll	Choice of Meat
<ul style="list-style-type: none"> <li>● Croissant</li> <li>● Flour Tortilla/Wraps</li> <li>● Kaiser Roll</li> <li>● Wheat Bread</li> </ul>	<ul style="list-style-type: none"> <li>● Sliced Beef</li> <li>● Sliced Ham</li> <li>● Sliced Turkey Breast</li> <li>● Tuna Salad</li> </ul>
Garnished with Lettuce, Tomato, Onion & Pickle Spear. Choose Chips, Pretzels, or Fresh Fruit	
● Tuna Sandwich \$2.75	● Veggie Sandwich \$1.75
<h2>Beverages</h2>	
Carbonated Beverages, Medium \$1.00	
Diet Pepsi Diet Dr. Pepper	Diet Sprite Unsweetened Tea
Chug - Chocolate - \$1.25	Water - \$1.00
Chug - Strawberry - \$1.25	Flavored Water - \$1.00
Milk, White or Chocolate - 25¢	Gatorade - \$1.00
Orange Juice - 50¢	Propel - \$1.25
Vanilla Cappuccino - \$1.25	Diet Tea Flavored - \$1.25
Swiss Mocha - \$1.25	
Coffee or Tea - 50¢	
<h2>Miscellaneous Items</h2>	
Candy - 75¢	Frito Lays Products - 75¢
Chocolate Chip Cookie - 60¢	Cheese-Its - 50¢
Sugar Cookie - 60¢	Granola Bar - 50¢
Gourmet Cookie - 60¢	Nutri-Grain Bar - 60¢
Brownie - 75¢	Fruit Snacks - 40¢
Cake Square - 75¢	Pop-Tart - 80¢
Cookie Bar - 75¢	Crackers - 5¢
Fruit Crisp - 75¢	Pickle Spear - 25¢
Rice Krispie Squares 75¢	Soft Serve Yogurt - \$1.00
Bosco Sticks w/sauce - 2/\$1.75 (Thursdays Only)	Good Humor Ice Cream - \$1.25/\$1.75