

Charger pride



AMOS ALONZO STAGG HIGH SCHOOL NEWSLETTER • JANUARY 2019



Congratulations to Stagg Seniors MacKenzie Kazin and Andrew Demma for advancing to the ILMEA (Illinois Music Educators Association) State Festival scheduled for January 23-26 at the Peoria Civic Center. Mackenzie was selected for the All-State Chorus, Alto II and Andrew was selected for the Honors Chorus, Tenor II. This is quite an honor to be selected, given that Stagg is part of District I, the largest of the nine districts in the state of Illinois; encompassing a large portion of the southwest suburbs, the entire city of Chicago and over 2,000 students who audition!

2018-2019 School Calendar

Dates to Remember

January

7	Institute Day No Student Attendance
8	Reconvene School after Winter Break
8	Music Booster Meeting
9	Mid-Year Graduation Ceremony at Andrew High School, 7 p.m.
9	Prom Fashion Show, 7 p.m.
10	Athletic Booster Meeting
17-18	Variety Show, 7 p.m.
21	Martin Luther King Day No School
28	Incoming Freshman Pre-Registration Night
31	Board of Education Meeting, 7 p.m., Carl Sandburg High School

Looking Ahead — February

2	Incoming Freshman Registration
5	Music Booster Meeting
6	Senior Academic Recognition Night, 7 p.m.
7	Athletic Booster Meeting
7	Junior Parent College Info Night, 6:30 p.m.



CONSOLIDATED HIGH SCHOOL DISTRICT 230

Richard Nogal, President
Melissa Gracias, Vice President
Susan Dalton, Secretary
Kate Murphy-Peterson
Patrick O'Sullivan
Denis Ryan
Tony Serratore

Dr. James M. Gay, Superintendent
Eric Olsen, Principal

Charger Pride is published by the Consolidated High School District 230 School Board.
"An equal opportunity employer"

MESSAGE FROM THE PRINCIPAL

Dear Stagg Chargers,

Happy New Year! On behalf of the administration and staff at Stagg, I hope that everyone had an enjoyable, refreshing winter break! With the New Year comes a new semester. The beginning of 2019 is a very busy time for students and staff at Amos Alonzo Stagg High School, and it is important to approach this time of year with a sense of renewal.

Stagg High School continues to make safety our number one priority as we enter the New Year. As always, all of our safety procedures are reviewed with students at the beginning of each semester. In addition, we work closely with emergency services including Palos Hills Police and North Palos Fire Protection District on our emergency plans and procedures. We ask that students and parents remember that school safety is everyone's responsibility.

Stagg High School is committed to "Say Something" and we continue to encourage our students and community to notify the school if there are any concerns about an individual student's safety, safety of the school environment, or safety concerns in the community. This program has been a huge success and we will continue to encourage students, staff, and parents to "Say Something." Last year, Stagg High School was recognized by the Sandy Hook Foundation as the only high school in the nation to have developed a "Say Something" program that proved to be both sustainable and integrated in many facets of our community. Together we can make a difference. The following guidelines will help ensure a safe place for your student to learn and grow:

1. Review Stagg High School's Student Handbook with your student.
2. Report any concern regarding school safety to the school immediately, even if you are unsure if it is rumor or hearsay.
3. Utilize Stagg's Safety and Security Tip Line at 708-974-7400, extension 7222.
4. Call the school and arrange an appointment if you need to see school staff. Drop in or unannounced visits are discouraged.
5. Remind your student that they must never prop open any school doors or open doors for ANYONE in the school.
6. As in the past, all visitors during the school day must present a valid form of identification.
7. Remember that 111th in front of Stagg High School is a School Zone and speed limits have changed. Please be extra careful when driving around our school to help keep our students safe.
8. Remind your student of safe behavior when they leave the school, including crossing at the crosswalks and behavior in and around the bus.
9. Please discuss with your student the dangers and repercussions of the use of drugs, alcohol and tobacco, including vaping. Research shows that children, whose parents discuss these topics with them, are less likely to abuse them.
10. Students must keep their school ID on their person whenever at school or at a school function.

Many of our seniors have been anxiously awaiting acceptance letters to colleges, universities, and career preparation programs. Freshman, sophomores, and juniors are beginning the course selection process for next year. The Class of 2023 completed their PSAT 8/9 placement exams and will begin to select their classes next month. Students and staff are also focused on high-stakes tests such as the S.A.T., A.C.T. and Advanced Placement exams. Pay close attention to deadlines. Information contained in the school newsletter, daily announcements and the school and district websites contain important information.

Stagg French Circle Helps Educate Girls in West Africa

Stagg's French Circle raised \$94 by selling American and French cookies for a fundraiser. The money will go towards school supplies and school fees for girls from rural Niger and Bénin in West Africa. The club is helping to support Expanding Lives, run by director and former Peace Corps volunteer Leslie Natzke. Natzke spoke to French classes last year about how many girls in rural areas of West Africa are forced to stay home and do housework and get married early. Motivated, talented girls often fall to community and cultural pressures. After Natzke spoke to French classes last year about her life and observations in Niger, Stagg French students felt inspired to help girls in these rural areas of the French-speaking world. Expanding Lives, which runs on donations and 100% through volunteer efforts, has a team on the ground who finds talented girls, brings them to the Chicago area to participate in a girls' mentoring and leadership program, then supports the girls as they run conferences and workshops for their peers when they return home. "All it takes is one role model to help change the minds of community leaders" said Natzke about the importance of having girls from rural communities follow through to become professionals.

Stagg students Dareen Abdelhadi and Sham Aldos (both class of 2019), visit Chicago with Expanding Lives scholars from Niger and Bénin; Halima, Zahra, Corinne and Larissa. Stagg's French Circle earned \$94 to donate to help support girls' education in Niger and Bénin, both Francophone countries.



continued from previous page

MESSAGE FROM THE PRINCIPAL

Students will continue to receive information regarding graduation and events surrounding their senior year. Please pay attention to the information sent home this semester so you are aware of all the requirements surrounding this process. The course selection process will begin shortly for freshman, sophomores and juniors. We believe that the course selection process should be a collaborative experience between students, their parents and the school. We ask students to challenge themselves in making future decisions and stretch themselves when selecting courses of study...an "easy semester" is a wasted semester. Finally, we encourage parents/guardians to participate in your student's high school experience by becoming involved in one of our parent organizations.

Resolve to get involved!

Sincerely,

*Eric Olsen
Principal*



Careers

The Guidance Department continues to use Career Cruising as an important resource for students to use as they consider their post-secondary plans and career exploration. Throughout the school year, students interact with Career Cruising during Advisory period 2 through a variety of career exploration activities to help them focus their career and college options. In addition, Career Cruising can be accessed from school, from home, or wherever your son or daughter has access to the Internet for independent career exploration. Features of the program include:

- **Interest and Skills Assessment** – a world-renowned career assessment tool to help people identify suitable career options based on their interests and skills
- **Career Profiles** – thorough and up to date information about hundreds of different occupations, including direct links between careers and college programs
- **Multimedia Interviews** – interviews with real people in each occupation, which add depth and realism to career profiles
- **College and Financial Aid Information** comprehensive college and financial aid information, with a number of useful search tools to help students find the right college and the right scholarships
- **Electronic Career/Education Portfolio** available online, so students can develop their education and career plans from wherever they access Career Cruising
- **Resume Builder** – integrated with the portfolio to help students format and print professional-looking resumes quickly and easily

To find out more about Career Cruising, we encourage you to login using the school's general access information:

Login at: www.careercruising.com

Enter Username: Stagg

Enter Password: Careers

Click on "**Start Career Cruising**" to begin. Students login through their personal portfolio.

Username: D230-"Student ID #"

Password: 8 digit birthdate.

Pre-Registration/Information Night Monday, January 28, 2019 For Incoming Freshman and Parents

The Pre-Registration/Information Night for the Class of 2023 will be held from 7:00 p.m. to 8:30 p.m. on Monday, January 28 for parents and students of incoming freshman. Students will receive their placement test results and course recommendations for freshman year. A presentation is scheduled to address questions.

There will be opportunities to ask individual questions and hear information about Stagg Honors and AP Programs from teachers and students. This is a very important evening that you don't want to miss. **Also note that 8th Grade Registration will be held on Saturday, February 2.**

Course Selection and Registration Process

The Guidance Department will begin the course selection/registration process for next year in early January and will conclude by early February. Prior to registration, students will have the opportunity to attend a curriculum fair and will have general registration meetings given by their counselors. Ask your student to share what elective courses interest them.

During first semester, counselors met with students in Advisory sessions to discuss student four-year plans, review graduation requirements and post high school options. Students can email their counselor at any time to make an appointment.

Registration is a very important process,

and it is imperative for students to be prepared at the time of their registration meeting with their counselor. Students/parents will receive registration materials from the Guidance Office in December (juniors) and early January (sophomores and freshman) and teachers will have made course level recommendations prior to winter break. Students are requested to correctly indicate on their selection sheets the teacher recommended courses. Parents/guardians are encouraged to discuss their student's classes for next year with their student.

Please direct all questions about recommendations to your student's teachers. Please direct other questions about registration to your student's counselor.

College Planning

Throughout second semester, the Stagg High School counselors are pleased to present several opportunities for students to learn more about the college search. Among these opportunities are the College Night presentation for students and families as well as three separate college panel presentations for students held during the school day in March.

What size college is right for you? Mark your calendars for Thursday, February 7, 2019, 6:30 p.m. Stagg Guidance will host, "BIG, MEDIUM, SMALL." Representatives from The Ohio State University, Michigan Technological University, and St. Norbert College will share their expertise in the area of college admissions and finding the right fit. Look for more information coming soon!

Our panel presentations will be offered during the school day in March (dates TBA) and are open to freshman, sophomores, and juniors. We host these panels to help younger students learn more about the wide range of college options they have and to help them begin to create a list of colleges they might apply to. Past presenters on our panels have included the University of Illinois at Urbana-Champaign, Loyola University, the University of Iowa, and many, many more. Students will be able to sign up for the panels on the Guidance page of the Stagg website beginning in February.

Follow us on Twitter at @aasguidance to get more college-related updates and information!

State Assessment: SAT Suite of Assessments

Tuesday, April 9, 2019

Previously received was communication from District 230 pertaining to our assessment plan for student growth, accountability and student success as it aligns with the ruling from the Illinois State Board of Education. Illinois has accepted the SAT as the test used to measure college and career readiness for students in our state. The SAT will be the college entrance examination our juniors will be taking this spring. The state assessment date for District 230 has been confirmed for Tuesday, April 9, 2019.

What are the plans for each grade level for the April testing day

Stagg will administer the full suite of assessments for grades 9-11 in-school on April 9, 2019. Below you will see the plans for each grade level on that day.

- **Freshman will take the PSAT 8/9.** The PSAT 8/9 is closely aligned to the SAT and scores earned are predictive.
- **Sophomores will take the PSAT 10.** The PSAT 10 is closely aligned to the SAT and scores earned are predictive.
- **Juniors will take the State Mandated SAT exam.** SAT scores are accepted as a college entrance exam at all major colleges and universities.
- **Seniors will have a day of non-attendance and are strongly encouraged to complete deficient service learning hours or complete college preparation activities on this date.**

There will not be a late start on this day. Students will be in attendance from 8:00 a.m. until 12:45 p.m. Zero hour will not meet. After testing, there will be a dismissal time of 12:45 p.m.

The SAT can be used for college entrance eligibility to all colleges and universities and students are signed up for the April SAT through school. SAT test sections include critical reading, mathematics, and writing. Please note that both the SAT and the ACT are acceptable for college admissions.

What steps can the students take right now to begin preparing for the test?

College Board www.collegeboard.org has partnered with Khan Academy to deliver preparation materials. www.khanacademy.org has free practice tests, practice sets, and the capability to build a personalized practice progression from PSAT results. In addition, juniors can participate in SAT prep opportunities offered at Stagg.

What is the SAT prep course offered at Stagg?

Designed for college-bound juniors, SAT 1600 is a test preparation program that will be offered at Stagg starting in January. Students will develop confidence about the SAT through analyzing this pre-college test, practicing with test questions, and mastering the pacing required to complete the exam. The SAT 1600 test prep course is an eight-week class that runs on either Thursday evenings or Saturday mornings in January and February.

SAT 1600 registration packets were shared with Stagg juniors in November. Enrollment closed in December before break. For information on remaining seats available please check online at www.exceledegeinc.com/registration. You may also contact Carol or Dave Talabay of ExcelEdge for additional questions about test preparation and registration at 219-838-0740.

Additional SAT test prep options can be found on the Guidance page of the Stagg website.
<http://stagg.d230.org/departments/guidance/>.

The Guidance Department is pleased to announce that scholarships are currently being added to the Scholarship Opportunity Database on the Guidance page of the Stagg website. Throughout the year we will add new scholarship opportunities for our students. Please check back frequently! Please see your school counselor with any questions.
<https://stagg.d230.org/financial-aidscholarships/>

Financial Aid Fridays

The Guidance Department continues to offer "Financial Aid Fridays" to our students and parents. On select Fridays each month, a representative from ISAC (Illinois Student Assistance Commission), will be available during the lunch periods to speak with students and/or parents in the commons. ISAC's goal is to assist in making college accessible and affordable for all Illinois students. We encourage college bound students and parents to take advantage of this free financial aid resource. As always, additional financial aid information can be accessed on the Guidance page of the Stagg website. Any questions regarding Financial Aid Fridays can be directed to Mr. O'Neill, Stagg counselor, at 708-974-7446. You may also contact our ISAC representative directly at the following:

Nadia Calixto
 Illinois Student Assistance Commission
 708-712-8082
 Nadia.Calixto@illinois.gov

As a reminder: College bound students seeking financial assistance will need to complete the FAFSA (Free Application for Federal Student Aid) online. The FAFSA opened early this year on October 1. Families may access this website directly at www.fafsa.ed.gov or we provide a direct link from the Guidance page of the Stagg website. Students have been encouraged to apply early!

AP Testing

Attention parents and students, online registration is now open for the 2019 AP Exams. The deadline to register is Wednesday, March 6, and all fees must be paid online by Friday, March 8, 2019, in order for your registration to be complete. Registrations that are NOT paid in full by Friday, March 9, 2019, will be cancelled, and your exams will NOT be ordered. A link to the registration site can be found on the Guidance page of the Stagg website. Fee per exam is \$94.00.

PSAT/NMSQT Results for Juniors

In October, all juniors participated in the PSAT/NMSQT exam during the school day as a practice test for the SAT taken in April. The purpose of the practice exam was to help juniors and their families make decisions about preparing for the SAT in the spring.

Results for the PSAT/NMSQT were made available to students in December by College Board. Counselors provided an overview of the test results to the students in their junior advisory as well as advised students on how to link their College Board account to a new Khan Academy account the students will create. To create a student account, please visit the Guidance page of the Stagg website and click on the SAT Suite of Assessments link for further details. <http://stagg.d230.org/departments/guidance/>

School Psychologist Corner

Executive functions are cognitive processes that occur in the frontal lobe area of the brain that allow us to plan, organize, make decisions, pay attention, regulate behavior, solve problems and evaluate decisions. This month I will focus on ways to regulate our behavior when we focus on our breath. Our breath connects us to our mind and body. If our breath is calm we feel more relaxed and we think more clearly. Research from Harvard University stated that the optimal number of breaths that we should take in one minute is 6 to 10 breaths. Each breath is one inhale and one exhale. Take a minute to count your normal breaths for one minute. Note how your body and mind feels. Next, for another minute try to regulate your breath to 6 to 10 breaths for another minute. Note the change in your body and mind.

Frank J. Kowalik
 Stagg School Psychologist

The National Business Honor Society

The National Business Honor Society is a way to provide honor and national recognition to outstanding students in the Business Education program. It is a way to enhance students' college, scholarship, and employment applications, and is a positive addition to every student's portfolio and resume. The objectives of the National Business Honor Society include promoting and recognizing academic achievement in business education at the secondary level, fostering leadership skills and character development, helping members grow ethically and socially by promoting and encouraging an interest in business, and encouraging member involvement in service learning initiatives.

Who is eligible? Any high school junior or senior who has completed or is currently enrolled in his/her third business course and has a GPA of 3.0 (overall) and 3.5 in business courses. See Ms. Kuypers in Room 122 for more information



College Application Deadlines

Seniors, be aware of college application deadlines! Remember to request your transcripts through "Parchment." You can find a link to Parchment on Stagg's home page, or go to <http://www.parchment.com>.

Please allow two weeks for processing. In addition, if your college requests ACT scores to be sent directly from the testing agency, you will need to visit ACT.org or Collegeboard.org to order your scores.



Mock Interviews Prepare Students

On November 15, students from all three schools participated in a Mock Interview event at Carl Sandburg High School. Students listened to a keynote speaker from the Bridge Teen Center talk about overcoming our fears and shortcomings to achieve anything we desire. Then they went to see two other guest speakers, one from Men's Warehouse on how to dress for success, and the other from Liberty Marketing Services explaining to the students how to market themselves to prospective employers. Finally, they spent time in up to 4 separate interviews with volunteers from the community. These volunteers came from all types of industries; Walgreens and Jaber Financial Services to insurance companies and former Illinois State's Attorneys. The interviewers filled out forms for each student they interviewed and those forms were returned to the students the next class day. Students were excited to see what the interviewers had to say about their interview. All of the interviewers were quite impressed with the students and their level of preparation for the event.



The keynote speaker from the Bridge Teen Center talks to students attending the event about overcoming fears and shortcomings to achieve anything we desire.



Students participate in Mock Interviews as part of an event held at Carl Sandburg on November 15.

Stagg's 2018 Annual Performance of *A Christmas Carol*

Stagg Drama recently concluded their annual production of *A Christmas Carol*, which took place on November 29, 30, and December 1. The show was produced by Mrs. Schifano, technically directed by Mr. Fisher, and directed by Stagg Senior, Veronica Laurent.

A Christmas Carol is a heartfelt Christmas classic telling the tale of Ebenezer Scrooge, a grouchy businessman in need of Christmas spirit. Scrooge is haunted by ghosts that allow him to reflect upon his past, present, and future to help him realize the impact of his foul demeanor on others.

With a few revisions and updates, Stagg Drama's revitalization of Charles Dickens' *A Christmas Carol* helped to spread holiday cheer throughout the Palos community.

Looking ahead, the Drama Club is excited to produce the winter show, spring musical, and much more! For more information, visit www.staggdrama.com.



Child Care Club Gives Back!

Students involved with Child Care Club at Stagg High School, held a lemonade stand to benefit Together We Cope. Over \$250 was raised to donate. Together We Cope is a homeless prevention agency that serves 27 communities in Chicago's south suburbs.

Child Care Club is a part of SkillsUSA. SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce. SkillsUSA helps each student excel. Stagg students will be testing in February in hopes of qualifying for the State competition this April.

Child Care Club students also teach in our pre-school program. Stagg-a-saurus preschool meets three days a week in conjunction with our Early Childhood Education program.



Kids Night Out Hosted by ECE Class!

Students in Early Childhood Education hosted a Kids Night Out to raise money for UNICEF. This fun night was filled with games, crafts, dinner and ended with a movie! Stagg students spent hours decorating, planning, and creating a fun & safe environment for kids to enjoy! This was a drop-off event for children ages 4-10 years old.

As a group, students chose to donate the money earned to UNICEF. UNICEF helps migrant, refugee and displaced children. As students, future teachers & Stagg Chargers, we want to help those in need this holiday season. We are lucky to be able to plan such a great event!



Reminders from the Health Services Office

ATTENTION

Parents/Guardians of the Class of 2020

All students entering 12th grade in the State of Illinois are required to show proof of having received two doses of Meningococcal Conjugate vaccine at least 8 weeks apart with the second dose given on or after their 16th birthday.

The following action is needed from you at this time:

Submit proof of the following: Your student received two doses of the Meningococcal Conjugate vaccine at least 8 weeks apart; and the last dose was given on or after your student's 16th birthday.

Proof of having received the Meningococcal Conjugate vaccine is required and must be sent to the School Nurse as soon as the vaccine is given. We ask that completed forms be turned in no later than April 12, 2019.

Forms can also be found on the nurse's page of the Stagg website or your healthcare provider may use their own form.

Completed forms can be submitted in ONE of the following ways:

Scanned and emailed to the stagg nurse at stagg nurse@d230.org

OR

Faxed to the nurse at 708-737-7717

It is important to note that your student will not be able to receive a schedule, participate in athletics, or apply for a parking spot in the 2019-2020 school year until proof of having the vaccine is received in the Nurse's Office.

If you have any questions, please feel free to contact the Nurse's Office at 708-974-7459.

Attention Incoming Freshman Class of 2023

It's never too early to start thinking about the required school physical, immunizations and dental examination for high school. Call your doctor to schedule your appointments early to avoid delays in schedule release in August.

Forms are located on the Nurse's page of the stagg website: <http://stagg.d230.org/resources/nurses-office/>

A packet with information and required forms will be handed out to students at Freshman Registration on Saturday, February 2, 2019.

Completed forms are due in the Nurse's Office by May 1, 2019.



TIPS TO HELP AVOID COLDS AND FLU

AVOID CLOSE CONTACT

Avoid close contact with people who are sick. When you are sick, avoid contact with others to protect them from getting sick.

STAY HOME WHEN YOU ARE SICK

Stay home from work, school, or daycare when you are sick, especially if you have a fever (100 degrees and higher). You need to be fever free for 24 hours without the use of Tylenol or Advil or any fever reducing medication. Following these guidelines will help prevent others from catching your illness.

COVER YOUR MOUTH AND NOSE

Use a tissue to cover your mouth and nose when coughing or sneezing, it will help to prevent others from getting sick.

WASH YOUR HANDS

Washing your hands often will help protect you from germs.

AVOID TOUCHING YOUR EYES, NOSE OR MOUTH

Germs are often spread when a person touches things that are contaminated with germs and then you touch your eyes, nose or mouth

Other ways to stay healthy during flu season and all year round:

- Get plenty of sleep
- Exercise regularly
- Manage your stress level
- Drink plenty of fluids
- Eat healthy foods

These guidelines are recommended by the Center for Disease Control and Prevention.



What's Playing in the Band Department

Happy New Year!

Our 6th Annual Spectrum Concert was held on Thursday, December 6 and Friday, December 7, respectively. What better way to get into the holiday spirit than to hear our fine musicians at Stagg spread their holiday cheer! Special thanks to our Spectrum Coordinator, Mary Gaido, for her tireless work in making this concert a reality! Congratulations to everyone involved!

ILMEA (Illinois Music Educators Association) auditions are but the beginning of what culminates with the Illinois Music Education Conference taking place January 23-26, 2019 at the Peoria Civic Center. This year, the students who advanced to the State Festival are:

Andrew Demma	Senior	Honors Chorus	Tenor II
MacKenzie Kazin	Senior	All-State Chorus	Alto II

This is quite an honor to be selected, given that Stagg is part of District I, which is the largest of the nine districts in the state of Illinois. District I encompasses a large portion of the southwest suburbs, and the entire city of Chicago. Since it is the largest district in the state, it is the most competitive, with over 2,000 students auditioning for positions in one of the district ensembles! Congratulations!

Jazz Ensemble is in full swing! Upcoming Jazz events include the New Trier Jazz Festival on Saturday, February 2, and a performance at the Spring Craft Show! In addition, the Jazz Ensemble and Business Casual will be performing at the annual Pops concert on February 26. Come out and enjoy some wonderful entertainment by our talented musicians!

Thank you for your continued support of our programs!



March 13 D230 Band Showcase at Wentz Concert Hall

Thanks in large part to a generous grant provided by the District 230 Foundation, Stagg's Wind Symphony will be performing at Wentz Concert Hall on Wednesday, March 13 as part of the D230 Band Showcase. The concert features performances from the Stagg High School Wind Symphony, Sandburg High School Symphonic Band I, and Andrew High School Wind Symphony. Each ensemble will have a piece guest conducted by Dr. Elizabeth Peterson, Associate Director of Bands at the University of Illinois.



Deans' Office

Happy New Year from the Deans' Office! A few reminders as we begin a new year and semester.

Safety

If you ever have a safety related concern, please contact the Deans' Office at 708-974-7494 so that we can assist you immediately.

Prom

Mark your calendars! If your son or daughter is planning to attend Prom, a parent must attend the Prom Parent Meeting on Wednesday, 2/27/19 at 7 p.m. We look forward to using that evening to share important information with you and to give you an opportunity to network with other families to begin to plan a safe Prom.

School Attendance

Strong attendance in school is vital to a student's success. If your student is struggling with attendance (morning or all day), please reach out to a member of his/her Team. Our Counselors, Deans, Social Workers, Nurse, Student Assistance Coordinator, and Psychologist can support you and your student to promote good attendance.

Digital Safety

In an ongoing effort to team with families to keep children safe and create a positive environment while they navigate a very complicated digital world, we share the following suggestions from the High Tech Crimes Bureau of the Office of the Attorney General:

- Establish a household "Online Agreement." Set your guidelines and boundaries clearly with your student. Limits may include how much time your student may spend on a device and at what times devices are not permitted.
- Enable parental controls and restrictions on your student's personal device.
- Learn the trends by accessing parent blogs, tech news sources (examples include Huff Post and Yahoo News), view App and Google Play Store to see what the top apps are.
- Network with other parents about information they have about what their children are doing in the digital world.
- Engage in conversation with your student. They are "digital natives" who thrive on sharing their expertise.
- If you are not comfortable with an app, site, game, or the amount of "screen time" your student uses, say "no."
- Be aware of "vault" or "fake" apps that students may use to prevent their parents/guardians from viewing inappropriate content on their devices (for example an app that says "calculator", but is actually a photo gallery). When viewing your student's device, open a variety of apps to view their content.
- Remind your student to always set social media accounts to private so they can filter who can view their online content.
- Visit Commonsensemedia.org for more tips on ways to keep your student safe in a technological world.
- Feel free to reach out to the school or police for assistance with any problematic electronic behavior.
- Remind your student to NEVER meet up with someone in person who they have met online and to NEVER share personal information or pictures with someone they have met online.

ATHLETIC BOOSTERS

Attention Stagg Senior Athletes:

Please be on alert for the Scholarship Application that will be coming out soon! We are revamping the selection criteria and number of applications being awarded. We will announce the scholarship winners on Senior Night.

Poms Competition a Success!

Thank you to everyone that volunteered to help make the Poms competitions successful. It took a lot of volunteers on December 15 and we are grateful for each and every one of you that helped. A large thanks goes to Toni Buralli, Chair for this year's event.



Athletic Boosters Supporting Our Students

With the leadership of the new Athletic Board President, new Committee Chairs and Committees, along with a slew of great volunteers, the Boosters have been able to raise over \$5,000 so far this year and have supported the following:

1. Cheer Uniforms
2. Pom's Uniforms
3. Soccer Uniforms

We look forward to doing so much more!

Please help us decide on what is needed by joining us at our next Athletic Booster Club meeting:

WHEN - Thursday January, 10, 7:00 p.m.

WHERE - Stagg High School Staff Dining Room



MUSIC BOOSTERS

December is a very busy month for the Music Department. We just finished Spectrum, our annual holiday show. Thank you to all the volunteers and staff that helped make the show possible. Special thanks to Mary Gaido for her hard work making Spectrum happen.

Thanks also to the parents and community members that came out to our successful mattress fundraiser on December 8.

We hope that everyone had a healthy and happy holiday season!



PTO PARENT TEACHER ORGANIZATION

Holiday Lunch

PTO would like to thank all of the parents who volunteered or made donations to the annual teacher and staff appreciation holiday lunch held in December. Everyone was impressed by the food and décor. Whether you helped decorate the Staff Dining Room the night before, donated food or helped during the event with serving food and cleaning up, PTO appreciates it. We couldn't do it without you!



Window Decals

Do you want to show your support for Stagg? PTO is selling 4-inch window decals for \$3 or two for \$5. The decals, which can be reused, feature the Stagg "S" and Charger horse and say "Stagg Chargers." They are perfect for showing Stagg spirit on a car, bulletin board or scrapbook.



To buy one, drop off or mail a check written to Stagg High School and a note with your name, student's name and contact information. Mark the envelope Stagg PTO. You can have your student pick it up in the Main Office after we contact you.

Join Us

The PTO membership fee is \$20 per family per year. Sign up online by visiting the District 230 web store and clicking on Stagg PTO.

PTO is open to anyone with a connection to Stagg, especially parents, staff and faculty, interested in working together to build relationships and promote positive change at Stagg. It's a great way for parents to get involved. Stagg PTO also offers scholarship opportunities to senior students of members. In addition, it hosts teacher appreciation events twice a year and fundraisers.

For information or a membership form, visit www.StaggPTO.com, email staggPTO@gmail.com or visit the Stagg Parent Teacher Organization's Facebook page.

We hope everyone had a wonderful Winter Break!



AMOS ALONZO STAGG HIGH SCHOOL

111th Street and Roberts Road
Palos Hills, IL 60465
(708) 974-7400
<http://stagg.d230.org>

PRESORTED
STANDARD
U.S. POSTAGE
PAID
PERMIT NO. 11
ORLAND PARK



*Welcome back
from Winter Break!*