



T-Bolt ATHLETE OF THE WEEK

Week of September 7th

THIS WEEK'S RECIPIENT: LAUREN VANDERBERG – SWIM/DIVE

REPORT FROM HEAD COACH

Lauren has been a big part of the success of the girls' swim program over the past few seasons. Lauren was a big contributor in last week's victory over Stagg with wins in the 100 and 200 freestyle. Lauren has been working very hard this season and is a great leader in the pool.



ALSO NOMINATED THIS WEEK:

Leah Crotty - Cross Country

Alyssa Cozzy - Tennis