

Spring Swim Lessons

Registration:

Mon., January 31st
5-7pm @ the pool
(enter off 131st Street)

CARL SANDBURG HIGH SCHOOL
Spring 2022 SWIM PROGRAMS
Guard Sponsor 708-671-3154 (Carrie Jarosik)
Pool Phone 708-671-3857

Lessons in a heated, indoor pool.

Group Lessons:

For ages: 5-13

Children are placed into small groups according to ability. Students will advance at their own rate of learning. Children stay at a particular station until they can pass the skills test for that particular station.

Choose from 2 class times:

11:00am-11:45am

12:00pm-12:45pm

Class Dates:

2/5, 2/12, 2/26, 4/9, 4/16, 5/7, 5/14, & 5/21

Cost: \$50 Residents \$60 Non-Residents

Private Lessons:

For ages: Infants-Adults

Student will work 1:1 with an instructor and move through the skill levels at one's own pace.

You build your schedule!

Choose from any of the available dates: 2/5, 2/12, 2/26, 4/9, 4/16, 5/7, 5/14, & 5/21

Pick as few or as many as you would like!

Choose from 2 class times:

1:05-1:35pm

1:40-2:10pm

Cost: \$15 per ½ hour

Aquarobics/Lap Swimming:

For ages: 18 and older

Take an hour break from the stresses of everyday life. Come and enjoy your exercise in the water. Choose from Aquarobics or lap swimming.

Dates: Every Wednesday evening beginning **September 8th**

Time: 7:30-8:30pm

Cost: \$25 for 10 passes or \$3 at the door



We follow the Standards established by the American Red Cross

OBSERVATION AREA: Parents and guests may watch the lessons from the pool balcony.

Sorry, make-ups are not available for missed classes. Carl Sandburg enforces a strict **NO REFUND POLICY.**

NOTE: THIS ACTIVITY IS NOT SPONSORED BY ORLAND SCHOOL DISTRICT 135 & PALOS SCHOOL DISTRICT 118, OR ANY SCHOOLS OR GROUPS OFFICIALLY ASSOCIATED WITH THESE DISTRICTS.

MASKS must be worn by everyone over the age of 2 entering the school and must remain on at all times. Only those enrolled in the lessons or teaching lessons may have masks off in the pool. Masks must be worn in the locker room.

Sorry, No REFUNDS