

Winter/Spring Swim Lessons

Registration:

Tuesday, January 17th
5-7pm @ the pool
(enter off 131st Street)

CARL SANDBURG HIGH SCHOOL
Winter/Spring 2023 SWIM PROGRAMS
Guard Sponsor 708-671-3154 (Carrie Jarosik)
Pool Phone 708-671-3857

Lessons in a heated, indoor pool.

Group Lessons:

For ages: 5-13

Children are placed into small groups according to ability. Students will advance at their own rate of learning. Children stay at a particular station until they can pass the skills test for that particular station.

Choose from 2 class times:

11:00am-11:45am

12:00pm-12:45pm

Class Dates:

1/21, 1/28, 2/11, 2/18, 2/25, 4/8, 4/15,
& 5/6

Cost: \$50 Residents \$60 Non-Residents

Payment: Cash or Check ONLY

Checks payable to: CSHS

Private Lessons:

For ages: Infants-Adults

Student will work 1:1 with an instructor and move through the skill levels at one's own pace.

You build your schedule!

Choose from any of the available dates: 1/21, 1/28, 2/11, 2/18, 2/25, 4/8, 4/15, & 5/6

Pick as few or as many as you would like!

Choose from 2 class times:

1:05-1:35pm

1:40-2:10pm

Cost: \$15 per ½ hour

Aquarobics/Lap Swimming:

For ages: 18 and older

Take an hour break from the stresses of everyday life. Come and enjoy your exercise in the water. Choose from Aquarobics or lap swimming.

Dates: Every Wednesday evening when school is in session

Time: 7:30-8:30pm

Cost: \$25 for 10 passes or \$3 at the door



We follow the Standards established by the American Red Cross

OBSERVATION AREA: Parents and guests may watch the lessons from the pool balcony.

Sorry, make-ups are not available for missed classes. Carl Sandburg enforces a strict **NO REFUND POLICY**.

NOTE: THIS ACTIVITY IS NOT SPONSORED BY ORLAND SCHOOL DISTRICT 135 & PALOS SCHOOL DISTRICT 118, OR ANY SCHOOLS OR GROUPS OFFICIALLY ASSOCIATED WITH THESE DISTRICTS.

Sorry, No REFUNDS