

Freshman Class of 2023

MANDATORY HEALTH REQUIREMENTS

CHECKLIST

Check when Complete	Event	Timeline
	<p align="center">Pink Emergency Information Sheet</p> <p>This form should be completed and turned in at your registration.</p>	ASAP
	<p align="center">Certificate of Child Health Exam</p> <p><i>State of Illinois form must be completed and signed by a licensed physician, APN, or PA. This requirement applies to transfer students also. Note: Obtaining a copy of your child's 6th grade physical may help your physician complete the immunization section of this form. Form MUST show the following immunizations:</i></p> <ul style="list-style-type: none"> ● Tetanus Diphtheria, Pertussis series with Tdap booster ● Two (2) doses of measles, mumps, rubella vaccine (MMR) – 1st dose having been given on or after the 1st birthday ● Polio vaccine series with booster given on or after the 4th birthday ● Two (2) doses of varicella vaccine (the 1st dose having been given on or after the 1st birthday) ● Three (3) doses of Hepatitis B according to the required schedule ● One dose of Meningococcal vaccine on or after 11th birthday for freshman ● One dose of Meningococcal vaccine on or after the 16th birthday for incoming seniors. 	ASAP
	Parents/Guardians will complete and sign the Health History section on the back of the physical form.	ASAP
	Medication Authorization Form (for daily and as needed medications at school)	If applicable
	An Asthma Action Plan is required from the doctor for all students with Asthma.	ASAP
	Make a copy of the completed health forms for your records.	before turning in
	Deliver or mail the completed form to Carl Sandburg High School, 13300 South LaGrange Road, Orland Park, IL, 60462, Attention: Nurse's Office or FAX to 708-737-7721 or email to csnurse@d230.org.	As soon as complete
	<p align="center">SPORTS PHYSICALS</p> <p>Freshman physicals dated after 5/1/18 will satisfy both district and athletic department requirements for the entire 2019-2020 school year. Athletes do not need a separate sports physical for their freshman year.</p>	If applicable
	<p align="center">Dental Examinations</p> <p align="center">or Dental Waiver Form</p>	ASAP
	<p align="center">State of Illinois Eye Examination Report or Waiver</p> <p>Required for students entering the Illinois School System for the first time.</p>	If applicable

Orland Township (708/403-4222) provides immunization clinics and physical examinations. Palos residents can contact Palos Township Clinic for similar services at 708/598-2441.

All forms are available at <https://sandburg.d230.org/resources/nurses-office/>

Contact the Nurse's Office at csnurse@d230.org with any questions. (FAX #708-737-7721)